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# Ginerra

A natural shield to help GI discomfort

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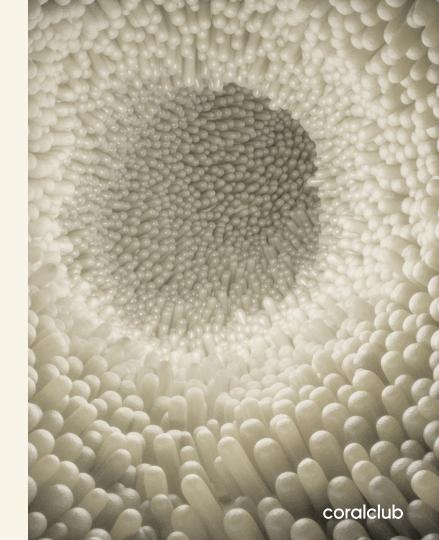
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## Well-protected

The body is a natural fortress against the influence of foreign agents. For example, the immune system prevents viruses and bacteria from entering the body, and our skin protects us from UV rays, temperature fluctuations and physical damage.

There is also a protective barrier in the gastrointestinal tract. The mucosa is not very thick and can vary in thickness from 0.3 to 3 mm thick, which plays a crucial role in digestive tract functions.

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# What we know about the gastrointestinal mucosa

# *#1 Protects the digestive tract from damage:*



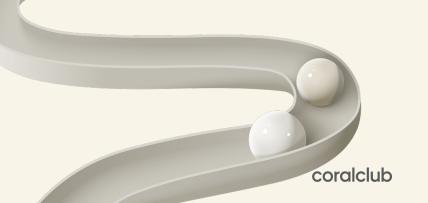
chemical - high acidity foods



mechanical - coarse, dry, poorly chewed food



thermal - food that is too hot



# What we know about the gastrointestinal mucosa

#### #2 Thwarts pathogenic bacteria:



helps distinguish them from healthy bacteria and sends signals to the immune system for a timely response



defends against many pathogenic bacteria



# What we know about the gastrointestinal mucosa

#### **#3 Participates in the digestive process:**



secretes digestive juices in the stomach



and intestines to soften and break down food plays a central role in nutrient absorption, facilitating their transport from food directly into the circulatory system. Here they are distributed throughout the body, keeping it healthy and functioning properly.



The health of the mucous membrane directly affects GI tract comfort. If its integrity is compromised, we may experience unpleasant symptoms, such as:





## Low level of protection: Potential causes of GI mucosal disruption



unbalanced diet with an excess of spicy and fatty foods



stress, especially chronic stress



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frequently taking certain medications (such as NSAIDs, aspirin)



untreated chronic inflammatory gastrointestinal diseases (such as gastritis, colitis, esophagitis, gluten intolerance)



microfloral imbalance



We cannot completely eliminate the influence of these factors. But we can take good care of our gastrointestinal health in order to improve our well-being.

# A must-have product to support gastrointestinal tract health

Plant complex based on the patented ingredient Mucosave® FG, L-glutamine and licorice root extract.

Helps soothe, restore and protect stomach and intestinal mucous membranes.

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# Ginerra contains the patented ingredient Mucosave®

Opuntia cladodia extract

Opuntia ficus-indica (L.)

• Encapsulates and promotes gastrointestinal tract mucous membrane regeneration



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## Mediterranean Treasure

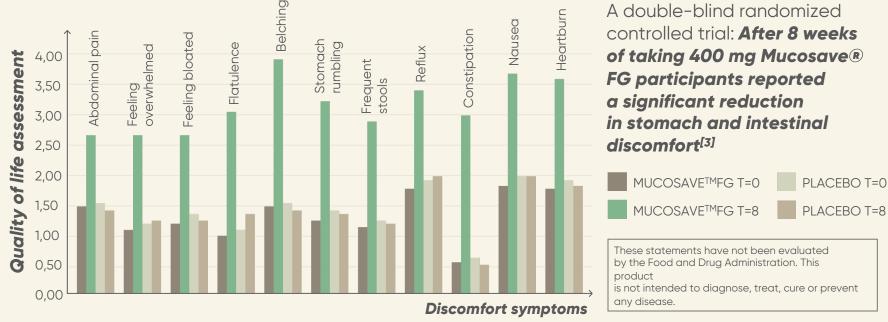
Opuntia indica and olive trees used to create Mucosave® FG are grown in the hot Sicilian climate. Both plants are traditionally used here to help relieve occasional GI discomfort:

- A limited amount of research has shown that the juicy pulp of **optuntia stems**, rich in polysaccharides, may help with heartburn, acidity, and stomach pain, although further research may be needed.
- **Olive leaves**, which are bitter to taste, contain polyphenols that support cleansing of the body and removal of undesirable waste, such as certain toxins

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# Proven efficacy and safety: Clinical studies confirm the positive effects of Mucosave® on the GI tract\*



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## Ginerra also includes: L-glutamine from corn

A nonessential amino acid, that is a conditionally essential amino acid (necessary) in times of stress. L-glutamine is an important building block for gastrointestinal mucosa and helps:

- maintains MUCOSAL integrity, improves intestinal barrier function and protects against unwanted toxins entering the digestive system
- restore intestinal microbiotal balance



#### Innovative ingredients from nature: licorice root extract

It is one of the most ancient plants known for its medicinal properties. People in China, India, Egypt, and Tibet have used licorice to support the health of the gastrointestinal tract, skin, liver, kidneys, and heart.

#### Licorice root:

- is rich in *flavonoids*, which help restore and protect gastrointestinal mucosa
- contains natural substances with moisturizing and lubricating mucosal effects



#### Ginerra

# Active ingredients in a daily dose (2 capsules)

- **400 mg Mucosave®FG complex** Extracts of cladodia opuntia indica and olive leaves
- **150 mg licorice root extract** deglycyrrhizinated (removal of glycyrrhizin)
- 100 mg L-Glutamine from corn

# GMO and gluten-free

The same amount was taken by participants in a study that proved ingredient<sup>[3]</sup> effectiveness

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#### 1 capsule of Ginerra twice a day during or after meals to help protect gastrointestinal mucosa

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Ginerra

Dietary Supplement

**60 VEGETABLE CAPSULES** 

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## **Ginerra** can help:



) protect and restore gastric mucosa



aid digestive comfort following meals



support digestion and nutrient absorption



provide added immune system support

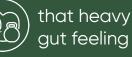
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## Gierra is for adults who are bothered by at least one of the following issues after eating:



some flatulence











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## In addition, the product is recommended for those who:

- want to protect themselves from exacerbated, seasonal, gastrointestinal effects
- have poor stress-induced eating habits
- have unhealthy dietary habits
- do not get enough fiber in their diet and who lack variety or balance in their diets

#### Ginerra

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## Ginerra



Comprehensive gastrointestinal health support, providing added digestive comfort

Gil.

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Gentle restoration of gut barrier to offer added protection to stomach and intestinal mucous membranes



Composition based on herbal ingredients and phytonutrients, including the patented ingredient Mucosave®



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# Ginerra

A natural shield against GI discomfort

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## See also these references:

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