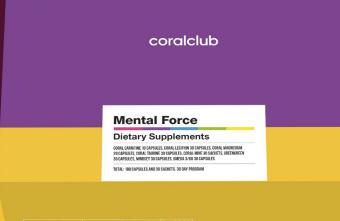




#### **Food for Your Brain**

A program designed to support brain health and cognitive wellness.\*

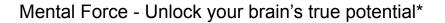


phytonutrients | omega-3 fatty acids | lecithin | magnesium | taurine | carnitine | coral minerals

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# What is Mental Force from Coral Club?







#### 1 TASK = 1 BOX

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**MENTAL FORCE** 



## **Benefits of Mental Force from Coral Club:**



A Holistic Approach\*



Comprehensive Impact\*



A carefully blended selection of ingredients, each chosen for its potential to support overall well-being in targeted ways.\*



Priced with affordability in mind.

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a synergistic effect.\*

Designed to work together for Clear guidelines for use to help you achieve your wellness goals.\*

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## How Coral Club's Mental Force Can Support You:

- Start by setting your goal, whether it's to foster healthy lifestyle habits or to support your body's natural functions. This might
  include helping maintain normal cognitive functions such as clarity and focus\*; aiding in normal digestive health\*; supporting
  your body's own detoxification efforts\*; or promoting the natural beauty of your skin, including its radiance and even tone.\*
- Kick off your journey with the program.
- Stick closely to the provided instructions and keep up with the suggested schedule. Every component of Mental Force is timed to support you when you need it most.
- Enjoy comprehensive support for both your physical and mental well-being.
- Look forward to remarkable and enduring benefits, throughout and following your program!
- Choose the Mental Force program as it can perfectly align with your wellness journey!

#### Did you like the results? Let's Do it AGAIN!

#### **MENTAL FORCE**

# Why Mental Force?

Everything starts with our minds: our thoughts, goals, dreams, personal growth, perspectives, vitality, wellness, and mood—they even play a role in supporting our body's immune function.\*

Mental Force is designed to assist in maintaining cognitive performance and supports the body's natural capacity to sustain a healthy nervous system and cognitive wellness.\*



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# The Brain in Numbers

**MENTAL FORCE** 

80-100

billion neurons

70 000

thoughts per day

million GB of long-term memory capacity 25 %

of all the body's energy expenditure.

75 to 179 mph data transfer rate

## Indicators of a Healthy Brain Function





Coordination

Memory

Concentration / Attention

## **Reflecting on Your Memory Health:**



#### Test yourself:

- What was your breakfast choice two days ago?
- Try balancing on one foot with your eyes shut for 20 seconds.
- How swiftly can you recall the full name of your first teacher?
- Is recalling a specific word ever challenging for you? (Does it effortlessly come to you, or does it feel just out of reach?)
- How easily can you find your car in a busy parking lot?
- Do you often find yourself searching for the right word to express your thoughts?

## **Exploring What Influences Our Brain's Potential**







Sedentary lifestyle



Chronic stress







Constant stress



## Supporting Brain Health Today with Mental Force:



#### **Mental Force**







Delivers Comprehensive Nutrition to Brain Cells\* Provides Energy Support\*

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# Mental Force: A holistic strategy for those looking to:

**MENTAL FORCE** 

- Foster memory support\*
- Ease occasional stress\*
- Maintain a positive outlook\*
- Stay focused on priorities\*

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- Quickly absorb new knowledge\*
- Sharpen response times\*
- Enjoy deep, restorative sleep\*
- Experience smooth transitions to sleep and

wakefulness\*



## Mental Force: Brain Food\*

**3** stages

30 days

**20**+ active ingredients

products: Memo-Prime Coral-Mine Coral Taurine Coral Magnesium Coral Lecithin Coral Carnitine OMega-3 TG GreenGreen

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**MENTAL FORCE** 

## The Key Components in Mental Force are formulated to assist in:



- Promoting healthy memory function\*
- Expanding attention and focus\*
- Supporting emotional balance\*
- Encouraging regular sleep cycles\*
- Improving mental clarity\*
- Providing energy to the brain\*

#### At Each Stage of the Program - stay hydrated !





#### **Coral-Mine**

A mineral blend designed to improve water quality, support metabolism, and maintain the body's hydration and pH balance\*

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# Emphasizing the Importance of Sleep:

Commit to 7 to 9 hours of sleep each night for optimal health

Ideal sleep settings include a dark, cool environment, free from loud disturbances, to help refresh the brain and central nervous system.

Discover more sleep tips and information by visiting the National Sleep Foundation at <a href="https://www.thensf.org/sleep-health-topics/">https://www.thensf.org/sleep-health-topics/</a>

# Key Factors Supporting Cognitive Wellness:

**Memo-Prime** blends herbal extracts like ginkgo biloba, gotu kola, ginger, rosemary, and St. John's-wort, alongside amino acids (tyrosine and theanine) and B Vitamins to support brain health.\*

Research suggests these ingredients may aid in maintaining healthy blood flow to the brain, supporting attention, memory, performance, and resilience to stress.\*

**O!Mega-3 TG** — offers essential polyunsaturated fatty acids (PUFAs) that are fundamental for nervous system support.\*





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# Key Factors Enhancing Cognitive Function:

**Coral Lecithin** - promotes brain and nervous system balance.\* Choline is key for short-term memory and mood, as it's essential for the production of acetylcholine\*

**Acetylcholine** - a vital neurotransmitter for cell communication. A choline deficit might lead to feelings of sleepiness or mood swings.\*

**Coral Magnesium** - plays a role in nervous system regulation and stress response.\* Its calming effects can aid in improving focus. Magnesium in the form of organic salts — bisglycinate and taurate — is chosen for its high bioavailability.\*



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# Key Factors Aiding Stress Management and Sleep Quality:

**Coral Taurine** - an amino acid present in the brain and heart, helps calm the nervous system, supports heart muscle function, and maintains metabolic health.\* It's also involved in regulating electrolytes and calcium levels within cells.\*

**GreenGreen** - rich in plant-based antioxidants-flavonoids from cereals, algae, fruits, berries, and vegetables, supports metabolic health and fights oxidative stress, helping to manage the visible signs of aging.\*



MENTAL FORC

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# Key Factors Supporting Stress Protection and Sleep Quality:

**Coral Carnitine** - aids the body in transforming fat into energy, supporting mental and physical energy, endurance, memory, and focus.\*

**Coral-Mine** - from fossilized coral minerals, includes essential salts and trace elements (calcium, magnesium, potassium, etc.). When added to water, these minerals help support the body's pH balance.\*



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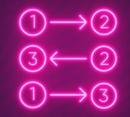
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## 4 Reasons to Choose Mental Force





A Comprehensive, all-in-one Solution\*







Affordable Pricing

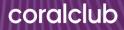
Clearly Defined Regimen and Optimal Dosages\* Synergistic Effects of Active Ingredients\*



## **Potential Mental Health Benefits:**



- Aids in supporting both short-term and long-term memory functions\*
- Can assist in enhancing focus and concentration\*
- Supports healthier sleep-wake cycles\*
- May help in managing occasional anxiety and irritability\*



- Think clearly\*
- Be creative\*
- Focus\*
- Plan\*

- Easily switch between tasks\*
- Get rid of occasional fatigue and anxiety\*
- Attain a great mood\*
- Feel fantastic\*

#### **Elevate Your Wellness Journey with Mental Force!**



## Mental Force



